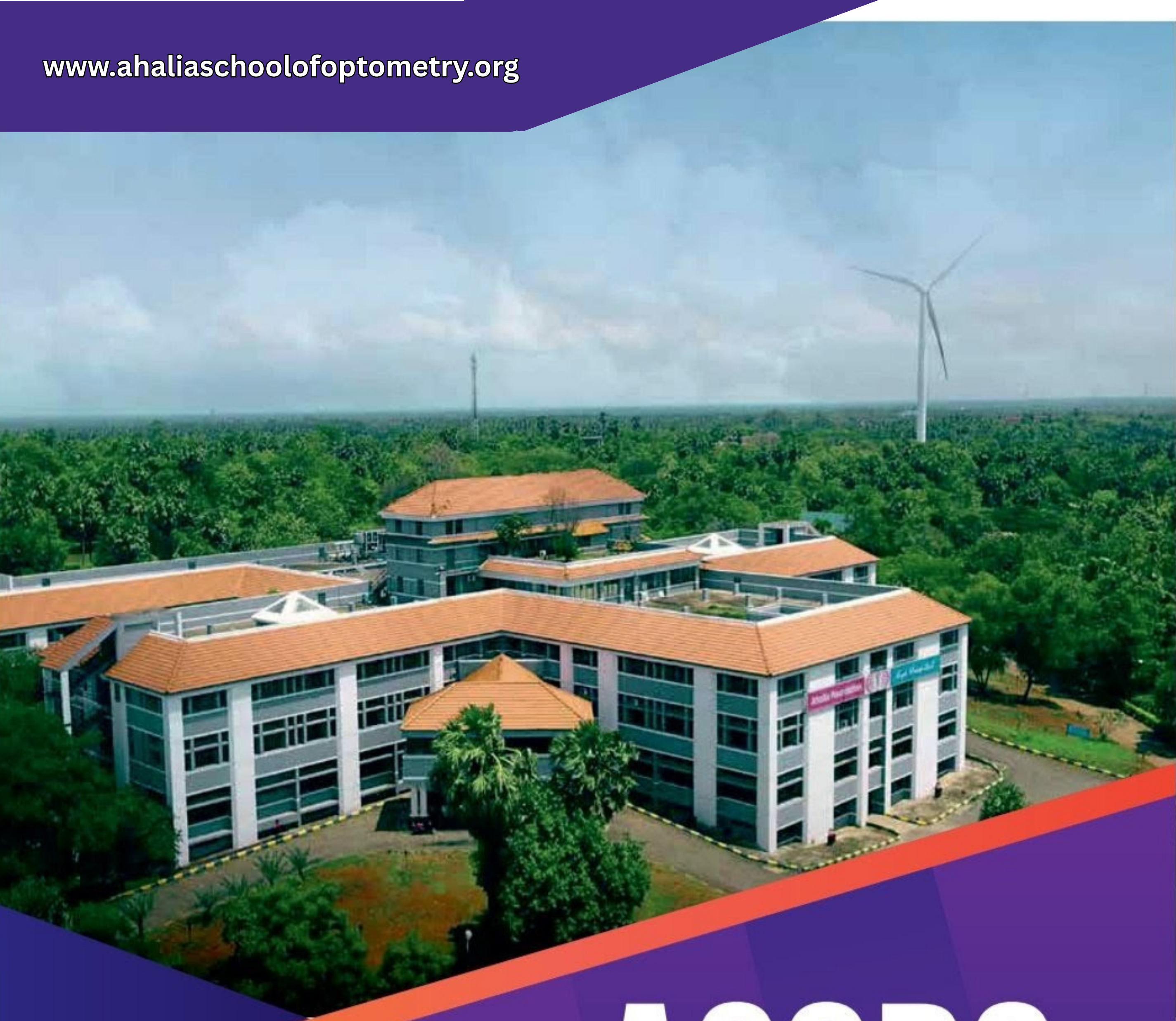




# ASORC BULLETIN

**VOL.6 ISSUE 3**  
**MAY-JUNE 2026**

**BULLETIN OF AHALIA SCHOOL OF  
OPTOMETRY AND RESEARCH CENTRE**



**AHALIA**

**SCHOOL OF OPTOMETRY AND RESEARCH CENTRE**

KUHS Recognized Research Centre

Affiliated to Kerala University of Health Sciences

Ahalia Campus, Palakkad, Kerala - 678557 PH: 04923-225126 Mob: +91 9188521731

Email: [aso@ahalia.edu.in](mailto:aso@ahalia.edu.in), [www.ahaliaschoolofoptometry.org](http://www.ahaliaschoolofoptometry.org)

## EDITORIAL

This Bulletin is published at Ahalia School of Optometry & Research Centre to share the information to parents, students and faculties about the happenings/news in the Institution. We introduced these Bulletin as "ASORC BULLETIN" and started to publish by Ahalia School of Optometry & Research Centre from January 2021 onwards.

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Ms. Shivashika, Lecturer, ASORC  
Ms. Nithya B, Lecturer, ASORC

## JC PRESENTATION - “OCULAR MYASTHENIA GRAVIS”

Mrs. Arshia V , 1<sup>st</sup> year Master Of Optometry student did JC Presentation on “OCULAR MYASTHENIA GRAVIS” on 08.05.2026, Friday 9.00am-10.00am at AFEH Auditorium. All PG students, Third year, Second year, and first year BSc optometry students and faculties attended the session.

**JC presentation**

**Ocular Myasthenia Gravis**

Presented by

**Arshia V**  
1 st Year M. Optometry

Date: 08.05.2025  
Time: 9am to 10am

Venue: AFEH Auditorium



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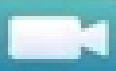
## **ONLINE CASE PRESENTATION ON TOPIC: CENTRAL SEROUS CHORIORETINOPATHY**

An online case presentation was conducted on 08/05/2026 Friday evening from 3.00pm to 4.00pm through Google meet. The case presentation was done by an Internship student Ms. Asna Fahima T.A on the topic Central Serous Chorioretinopathy. All the internship students and two faculties have joined the session and interacted actively.

Online Case Presentation

### **Central Serous Chorioretinopathy**

To join the meeting on Google Meet,  
click this link:

 <https://meet.google.com/csc-fyai-zbh>  
Or open Meet and enter this code: csc-fyai-zbh

 **Date: 8<sup>th</sup> May 2025** | **Online JC**  
 **Time: 3pm to 4pm** | **Friday**  
**3-4 pm**

Presented by  
**ASNA FATHIMA. T. A**  
Internship Student



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**VUE 2K26**

A delegation of students and faculty members from the Ahalia School of Optometry and Research Centre actively participated in VUE 2K26, a Continuing Medical Education (CME) program organized by the Little Flower Institution of Medical Sciences and Research Centre, Angamaly on 09-05-2026 at Adlux Medicity & Convention Center, Angamaly, Kochi

The academic event brought together optometry professionals, clinicians, researchers, and students to explore emerging trends and advancements in the field of optometry and vision science. The CME featured a series of insightful scientific sessions, workshops, discussions, and networking opportunities aimed at enhancing clinical knowledge and professional skills.

The program commenced with the session titled “Rewiring Vision – Neuro-Optometric Rehabilitation,” which included expert talks on binocular vision in neurological disorders, clinical diagnosis and management of binocular dysfunction, and principles of neuro-optometric rehabilitation. The sessions were delivered by distinguished speakers including Ms. Anu Chacko, Dr. Meena C K, and Dr. Aditya Goyal.

The event also highlighted advancements in myopia management and irregular cornea care under the session “Precision in Practice – Irregular Cornea Management. Topics such as practical diagnosis using slit lamp and topography, non-surgical management strategies, and multifaceted approaches to contact lens dispensing were discussed by experts including Mr. Premjit Bhakat, Mr. Gagan Sahni, and Ms. Isha Dave.

Another important segment of the CME, “Beyond Boundaries – The Future of Optometry, focused on expanding opportunities in clinical practice, academics, research, and entrepreneurship in optometry. The session encouraged aspiring optometrists to explore diverse career pathways and innovations in the profession.

A hands-on workshop on Scleral Contact Lens and Orthokeratology provided participants with valuable practical exposure to advanced contact lens technologies and fitting techniques.

## VUE 2K26



## JC PRESENTATION- LOW VISION REHABILITATION: OPTICAL AND NON OPTICAL DEVICES

Ms.Pradeepa K P and Ms. Sharon Sojan, 1<sup>st</sup> year Master Of Optometry students did JC Presentation on “LOW VISION REHABILITATION: OPTICAL AND NON OPTICAL DEVICES” on 15.05.2026, Friday 9.00am to 11.00am at AFEH Auditorium. All PG students, Third year & Second year BSc optometry students and faculties attended the session.

JC Presentation

# LOW VISION REHABILITATION: Optical & Non Optical Devices

\*\*\*

• PRESENTERS •



SHARON SOJAN      PRADEEPA K P

1<sup>ST</sup> YEAR M.OPTOMETRY

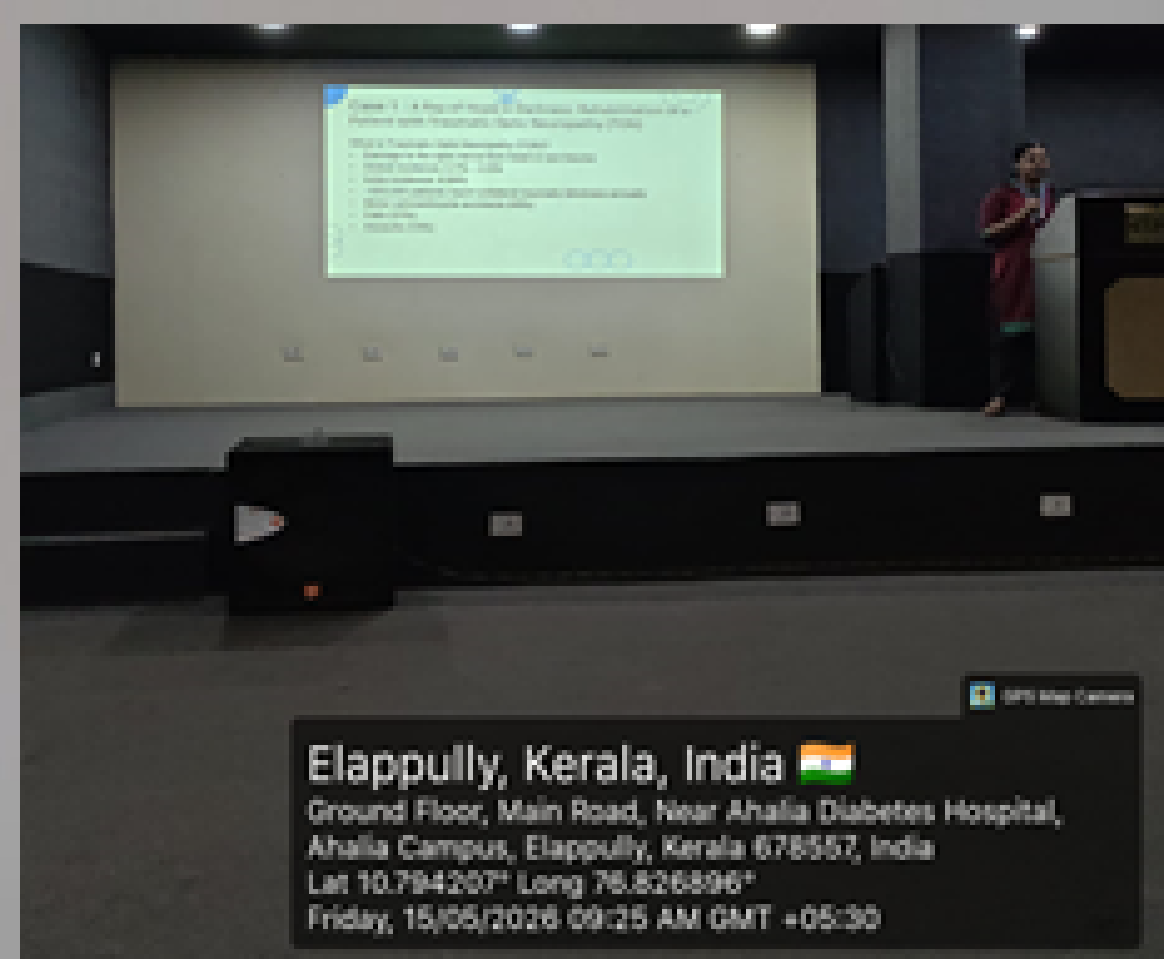
 **DATE**  
15.03.2026

 **TIME**  
09:00 AM  
TO 11:00 AM

 **VENUE**  
AFEH  
AUDITORIUM

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## ONLINE CASE PRESENTATION ON TOPIC: AMBLYOPIA AND ITS TREATMENT

An online case presentation was conducted on 15/05/2026 Friday evening from 3.00pm to 4.00pm through Google meet. The case presentation was done by an Internship student Mr. Kiran G on the topic Amblyopia and its treatment. All the internship students and two faculties have joined the session and interacted actively.

Online Case Presentation

# Amblyopia and its treatment

**DATE**  
15.05.2026

**TIME**  
03:00 pm to 04:00 pm

**JOIN US ONLINE**  
<https://meet.google.com/etx-uzbp-tby>

**Kiran G**  
Internship Student

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## JC PRESENTATION- TELE OPTOMETRY

Ms. Fidha Sherin P, 1<sup>st</sup> year Master Of Optometry student did JC Presentation on “TELE OPTOMETRY” on 22.05.2026, Friday 9.00am to 10.00am at AFEH Auditorium. All PG students, Third year & Second year BSc optometry students and faculties attended the session.

### JC presentation

## Tele optometry

Presented by

**Fidha Sherin P**

 **Date:22.05.2026**

 **Time:9am to 10am**

 **Venue: AFEH Auditorium**



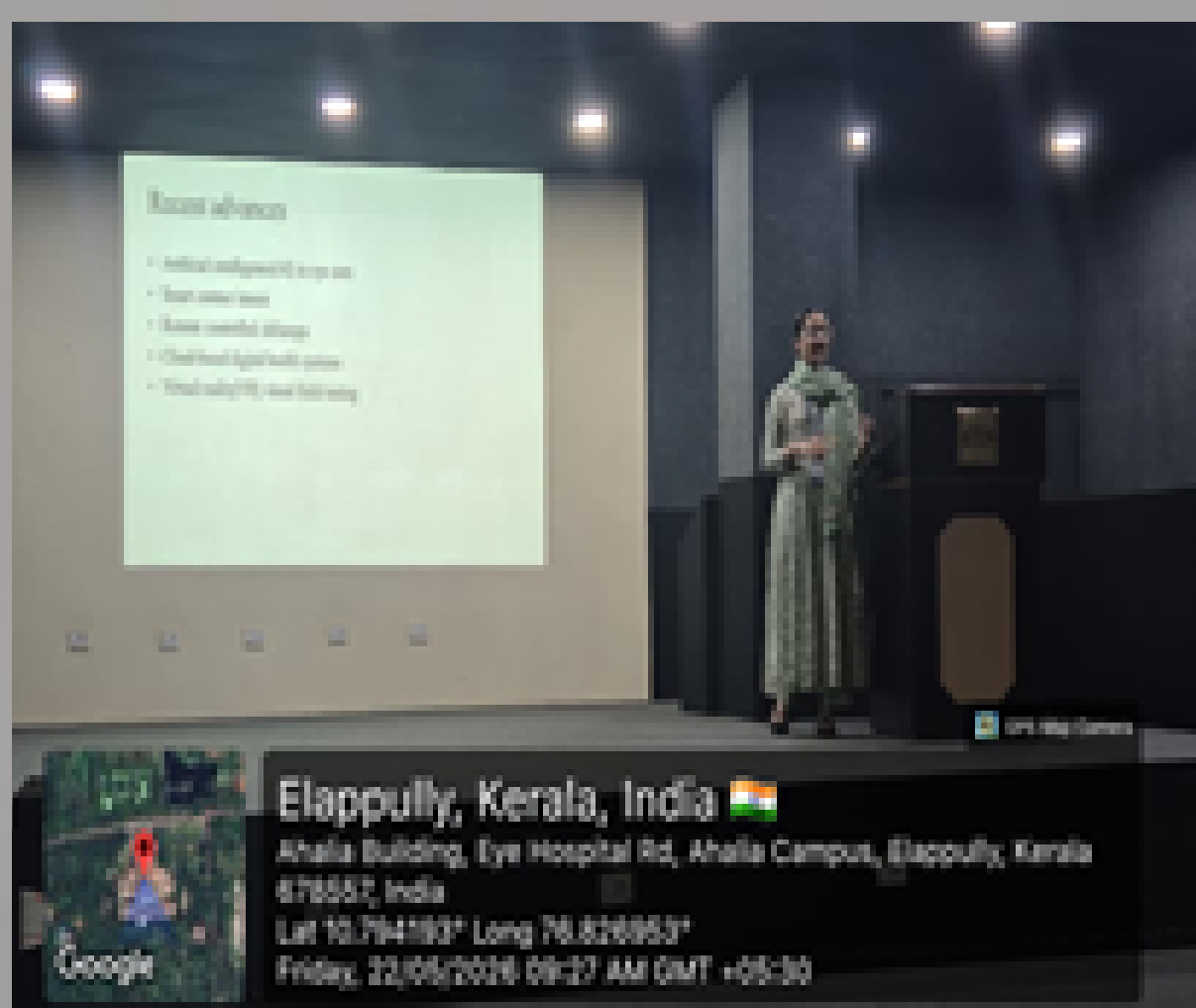
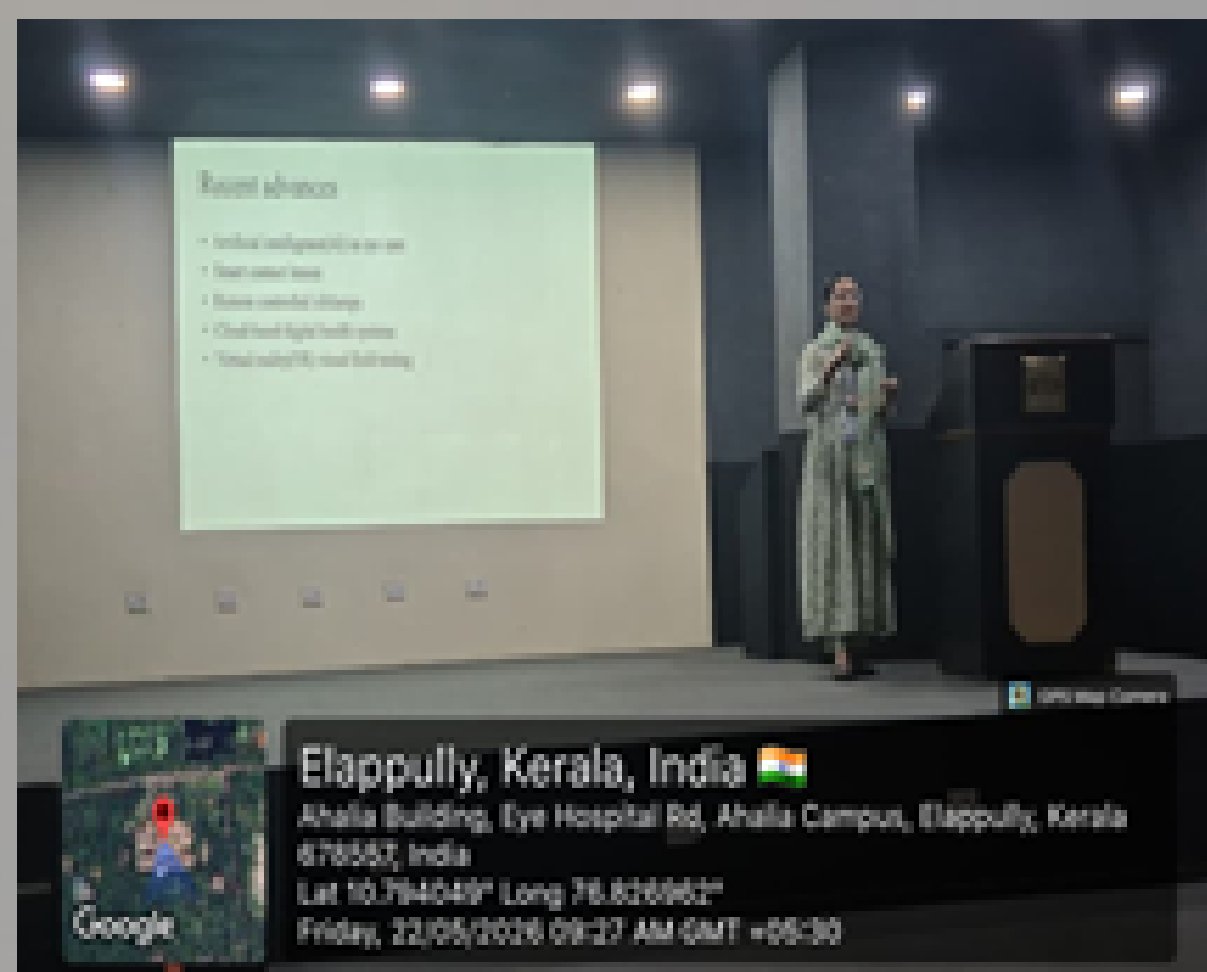
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## **JC PRESENTATION- VISION THERAPY IN NSBVA**

Ms. Anagha Dileep, Third year BSc Optometry student did JC Presentation on “VISION THERAPY IN NSBVA” on 22.05.2026, Friday 11.00 am to 12.00 pm at AFEH Auditorium. All PG students, Third year BSc optometry students and faculties attended the session.

**JC presentation**

### **Vision Therapy in NSBVA**

Presented by

**Anagha Dileep**



**Date:22.05.2026**



**Time:10am to 11pm**

**Venue: AFEH Auditorium**



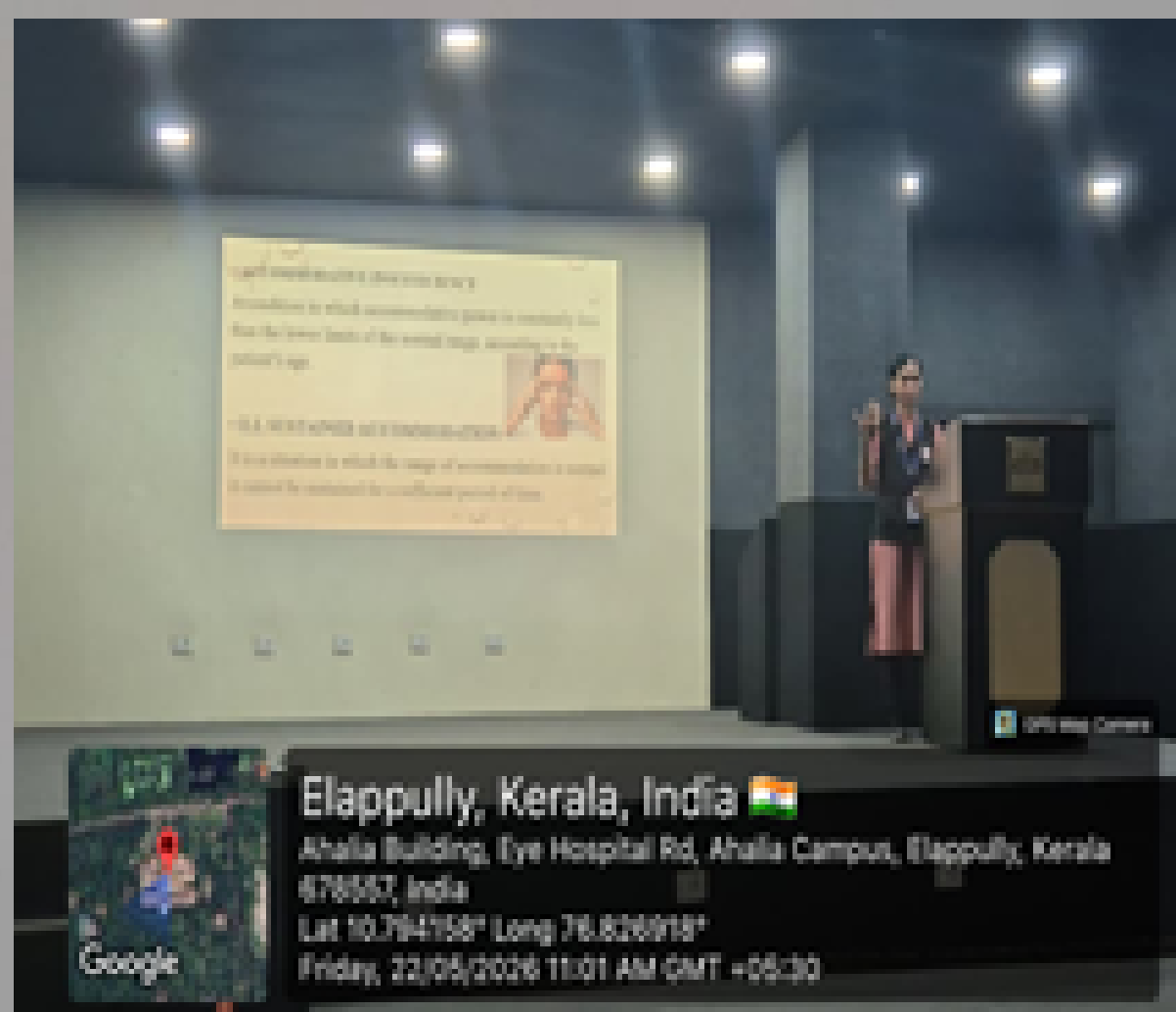
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## **JC PRESENTATION- SOFT SPHERICAL AND RGP CONTACT LENS- FITTING PHILOSOPHIES**

Ms. Pooja P P, Third year BSc Optometry student did JC Presentation on “SOFT SPHERICAL AND RGP CONTACT LENS- FITTING PHILOSOPHIES” on 22.05.2026, Friday 10.00am to 11.00am at AFEH Auditorium. All PG students, Third year BSc optometry students and faculties attended the session.

**JC presentation**

**Soft Spherical and RGP Contact Lens- Fitting Philosophies**

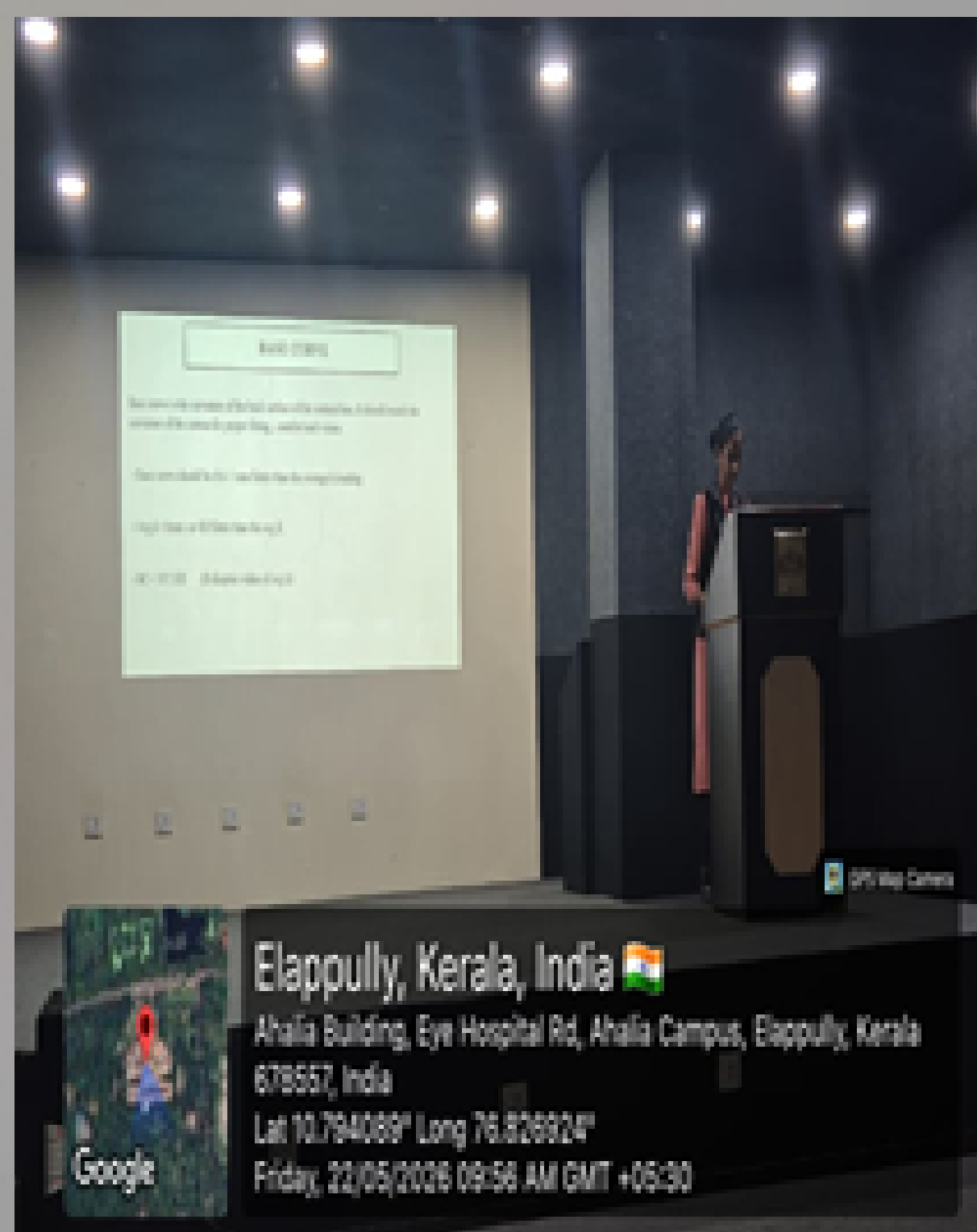
Presented by  
**Pooja P P**

 **Date:22.05.2026**  
 **Time:11am to 12pm**

 **Venue: AFEH Auditorium**



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## **ONLINE CASE PRESENTATION ON TOPIC: KERATOCONUS**

An online case presentation was conducted on 29/05/2026 Friday evening from 3.00pm to 4.00pm through Google meet. The case presentation was done by an Internship student Ms. Devika on the topic Keratoconus. All the internship students and two faculties have joined the session and interacted actively.



**Online Case presentation**

# **Keratoconus**

Presented by

## **Devika**

 **Date:29.05.2026**  
 **Time:3 pm to 4pm**

Join using the code  
 **fao-wjtd-smr**

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## **WORLD ENVIRONMENT DAY CELEBRATION**

World Environment Day 2026 was celebrated on 5 June 2026 at Gandhi Ashram, Ramassery, jointly organized by Ahalia Group of Institutions and Gandhi Ashram, Ramassery. The programme commenced at 10:00 AM and concluded at 12:00 PM.

The event began with Manava Geetham, followed by a welcome address delivered by Mr. Puthussery Sreenivasan, Trustee, Gandhi Ashram. The presidential address was delivered by Dr. P. R. Suresh, Principal, ASET. The programme was inaugurated by Mr. Biju P. C., President, Elappully Grama Panchayat.

Felicitation addresses were delivered by Bhubaneswari Amma, Karshakasree Award Winner and Chairperson of Sarvodaya Kendram, and Mr. Narayanan T. S., who shared valuable insights on environmental conservation and sustainable living. The vote of thanks was proposed by Irfana, Volunteer Secretary, NSS Unit 311, ASET.

A major highlight of the programme was the 100 Saplings Plantation Drive, conducted in the premises of Gandhi Ashram. Students and faculty members from Ahalia School of Engineering and Technology (ASET), Ahalia School of Management (ASM), Ahalia School of Commerce and Mathematics (ASCM), Ahalia School of Optometry and Research Centre (ASORC), Ahalia Ayurvedic Medical College Hospital (AAMCH), Ahalia School of Pharmacy (ASP), and Ahalia School of Paramedical Sciences (ASPS) actively participated in the initiative.

All the students cooperated enthusiastically in the plantation drive, contributing to the successful planting of more than 100 saplings. The programme effectively promoted environmental awareness and reinforced the importance of collective action towards building a greener and more sustainable future.

The celebration concluded with a renewed commitment from all participants to protect nature and contribute positively to environmental conservation.

WORLD ENVIRONMENT DAY  
CELEBRATION



*We are*  
**PLANTING 100+  
SAPPLINGS**

Inauguration



**Biju PC**  
President  
Elappully Grama Panchayat

Organised by  
Ahalia Group of Institutions & Gandhi Ashram Ramassery

 5th June 2026  
Friday

 10:00 AM

 Gandhi Ashram,  
Ramassery

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Ahalia Campus, Palakkad | Ph: 04923225128



## **ONLINE CASE PRESENTATION ON TOPIC: BULLOUS KERATOPATHY**

An online case presentation was conducted on 05/06/2026 Friday evening from 3.00pm to 4.00pm through Google meet. The case presentation was done by an Internship student Ms Mariyam Beevi on the topic Bullous keratopathy. All the internship students and two faculties have joined the session and interacted actively.

**Online JC presentation**

**Bullous keratopathy**

Presented by

**Mariyam Beevi**



**Date:05.06.2026**



**Time:3pm to 4pm**

To join the meeting on Google Meet  
enter this code:

 **der-ubuf-wyk**



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## JC PRESENTATION- TEAR ASSESSMENT TESTS

Third year BSc Optometry students, Ms Aiswarya V P, Ms Rahaba T M, and Ms Vaishna C did JC Presentation on “TEAR ASSESSMENT TESTS ” on 05.06.2026, Friday 10.00 am to 12.00 pm at AFEH Auditorium. All PG students, Third year BSc optometry students and faculties attended the session.

JC PRESENTATION

# TEAR ASSESSMENT TESTS

**DATE**  
05.06.2026

**TIME**  
10:00 AM – 12:00 PM

**VENUE**  
AFEH Auditorium

PRESENTERS



Aiswarya V P



Rahaba T M



Vaishna C

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## JC PRESENTATION- AUTISM SPECTRUM DISORDER

Ms Anjali A R, First year Master of Optometry student did JC Presentation on “Autism Spectrum Disorder” on 05.06.2026, Friday 9.00 am to 10.00 am at AFEH Auditorium. All PG students, Third year BSc optometry students and faculties attended the session.

**JC presentation**

**Autism Spectrum Disorder**

Presented by

**Anjali A R**

 **Date:05.06.2026**

 **Time:9am to 10am**

 **Venue: AFEH Auditorium**



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## **JC PRESENTATION- SMARTPHONE BASED VISION SCREENING IN RURAL POPULATIONS**

Ms Athira A J, First year Master Of Optometry student did JC Presentation on “ SMARTPHONE BASED VISION SCREENING IN RURAL POPULATIONS ” on 12.06.2026, Friday 9.00 am to 10.00 am at AFEH Auditorium. All PG students, Third year BSc optometry students and faculties attended the session

### **JC presentation**

Topic

#### **Smartphone-Based Vision Screening in Rural Populations**

 Date:12.06.2026

 Time:9 am to 10 am

Presented by

### **Athira A J**

1 st Year M.Optomety



Venue: AFEH Auditorium



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## JC PRESENTATION- LOW VISION ASSESSMENT

Third year BSc Optometry students, Ms Aswani S, Ms Anjalimol M, Mr Ajay K J, and Mr Gokul Jyothikumar did JC Presentation on “LOW VISION ASSESSMENT” on 12.06.2026, Friday 10.00 am to 11.00 am at AFEH Auditorium. All PG students, Third year BSc optometry students and faculties attended the session.



**JC Presentation**

# LOW VISION ASSESSMENT

**12.06.2026** | **10.00am to 11.00am** | **AFEH auditorium**

**Presenters**

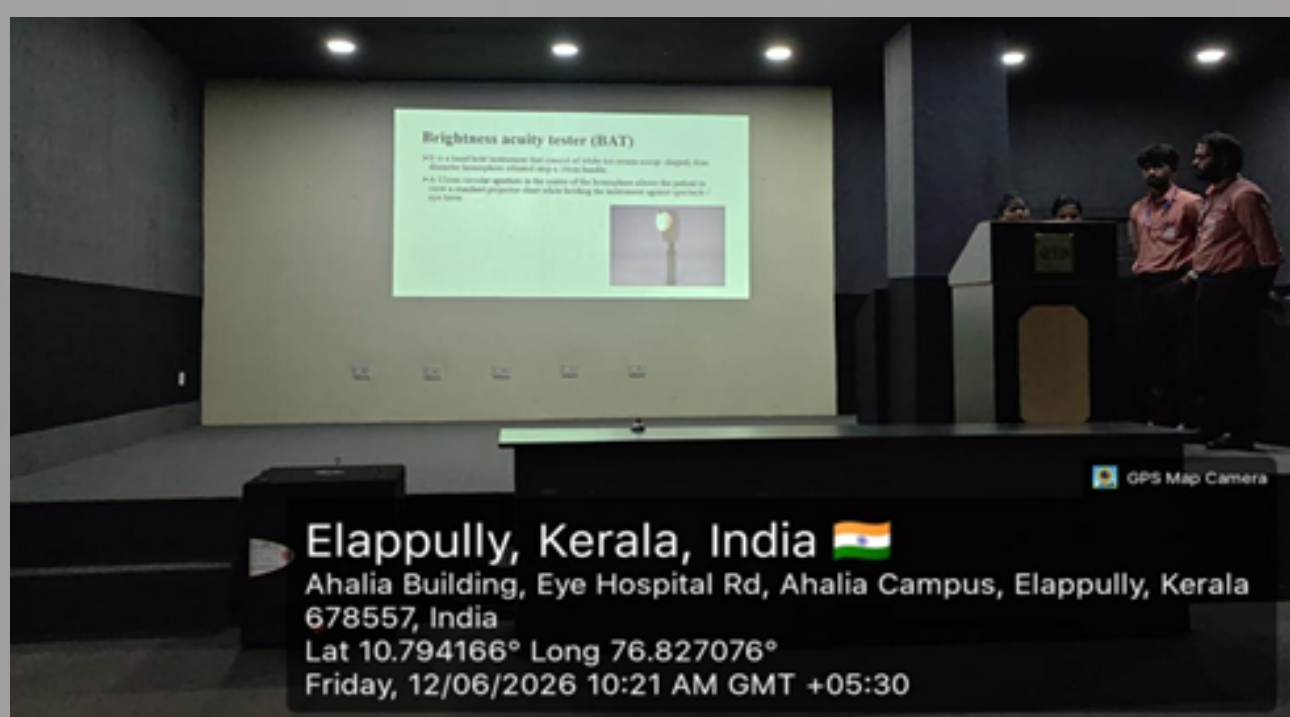
**Aswani S**

**Anjalimol M**

**Ajay K J**

**Gokul Jyothikumar**

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## ONLINE CASE PRESENTATION ON TOPIC: POSTERIOR CAPSULAR OPACITY

An Online case presentation was conducted on 12/06/2026 Friday evening from 3pm to 4 pm through google meet. The case presentation was done by an intern ship student Ms. Meera Babu on the topic Posterior capsular opacification. All internship students and two faculties have joined the session and participated actively.

### Online JC presentation

Topic  
**Posterior Capsular Opacity**

 <https://meet.google.com/cay-kswp-kpo>

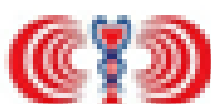
 Date:12.06.2026

 Time:3 pm to 4pm

Presented by

**Meera Babu**  
Intern Optometrist

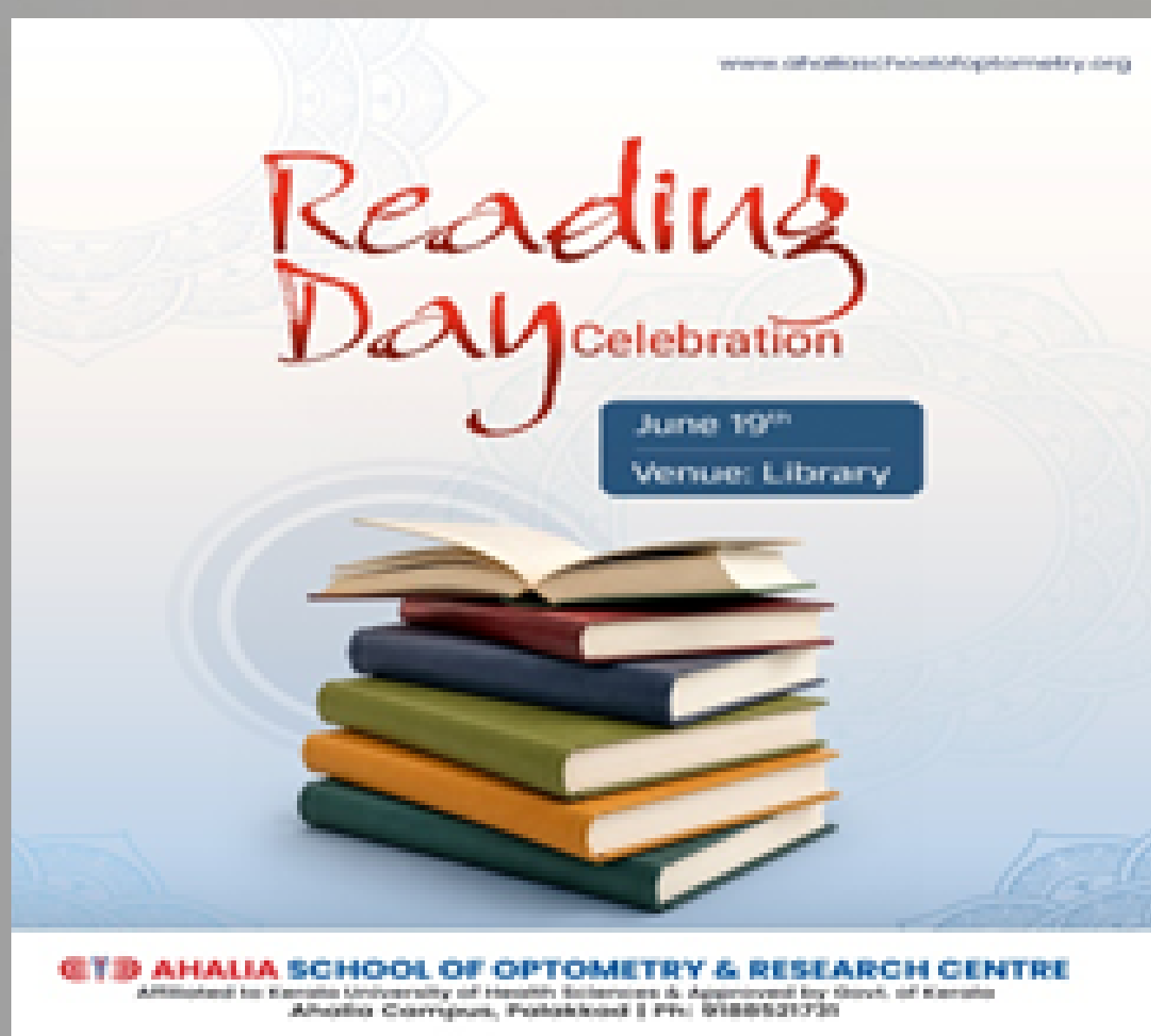


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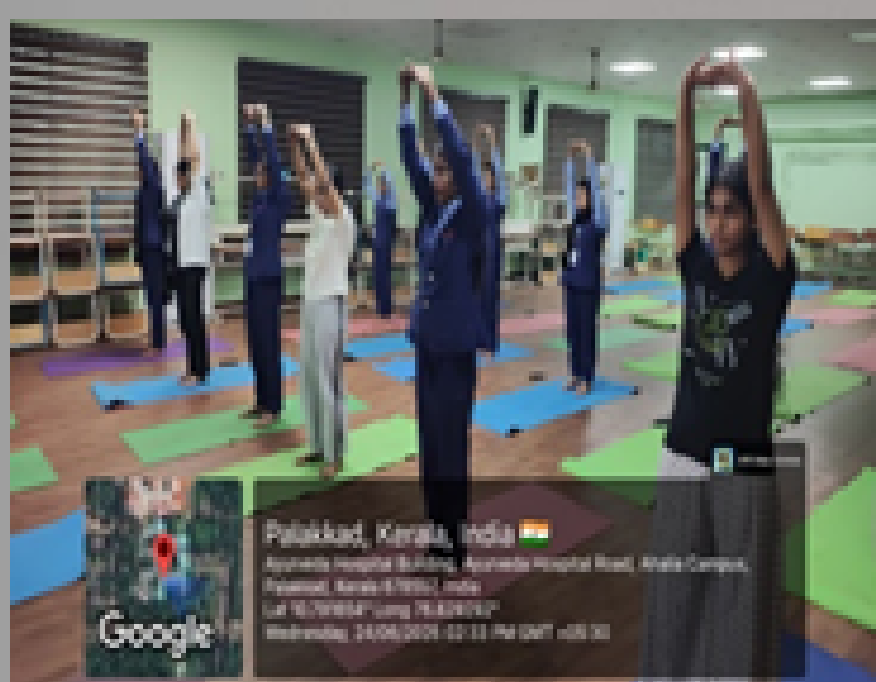
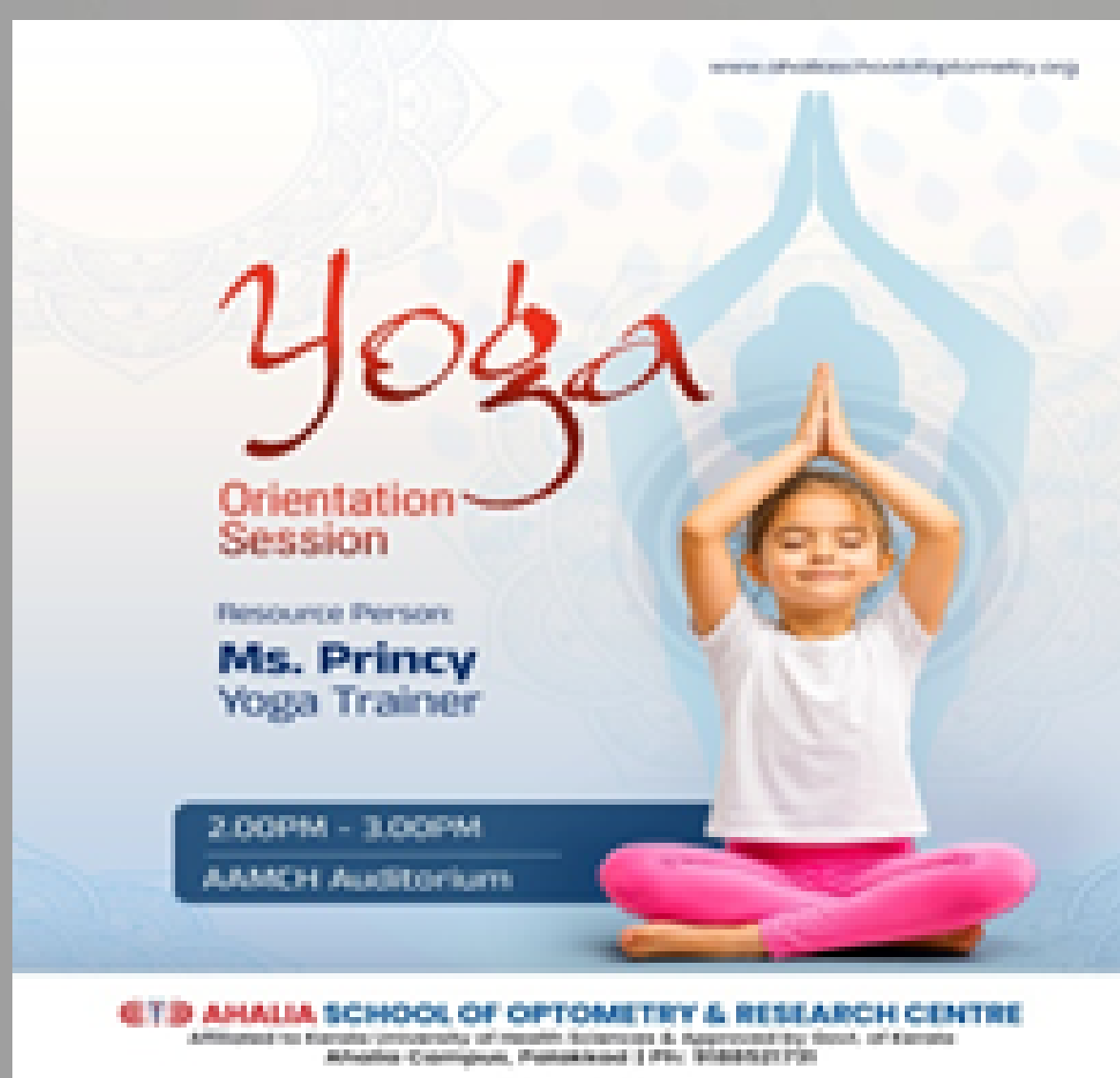
## READING DAY ACTIVITIES

We held the Reading Day celebration on 19/6/2026 at Ahalia School of Optometry & Research Centre to commemorate the birth anniversary of P.N. Panicker, the Father of the Library Movement in Kerala. The day aimed to promote the habit of reading among students and create awareness about the importance of books in building knowledge and character.



## INTERNATIONAL YOGA DAY 2026

Ahalia School of Optometry and Research Centre celebrated International Yoga Day on June 24<sup>th</sup>, 2026, at Pranavam Auditorium, Ahalia Ayurveda Medical College Hospital. The event, themed “Yoga for Healthy Ageing”, aimed to promote the benefits of yoga for physical, mental and spiritual well-being. The event featured a presentation by Ms Princy (yoga trainer), a yoga demonstration and an interactive session. Students from DOA and 1st-yr BSc Optometry attended the program.



# STUDY @ AHALIA

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- Pre-KG to XII (CBSE)

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- B.Tech. Artificial Intelligence & Machine Learning
- B.Tech. Civil Engineering
- B.Tech. Computer Science & Engineering
- B.Tech. Electronics & Communication Engineering
- B.Tech. Electrical & Electronics Engineering
- B.Tech. Mechanical Engineering

### Ahalia School of Commerce & Mathematics

- BBA Honours
- B. Com. Honours
- BA Journalism & Mass Communication Honours

### Ahalia School Of Media Studies And Future Technologies

- BVA - Bachelor of Visual Arts
  - Virtual Production
  - Cinematic VFX
  - XR [Extended Reality]
  - AI Media Arts and Practices
  - Animation Film Design

### Ahalia Ayurveda Medical College

- BAMS

### Ahalia College of Nursing

- B.Sc. Nursing

### Ahalia School of Optometry

- B.Sc. Optometry
- Master of Optometry (M.Optom.)
- Ph.D. Optometry
- Diploma in Ophthalmic Assistance

### Ahalia School of Pharmacy

- B. Pharm.

### Ahalia School of Paramedical Sciences

- B.Sc. MLT
- DDT (Diploma in Dialysis Technology)
- DMLT (Diploma in Medical Laboratory Technology)

### Ahalia School of Management

- MBA Marketing
- MBA Finance
- MBA Human Resource Management
- MBA Healthcare Management

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- NSDC (National Skill Development Corporation)
- SRC (State Resource Centre)
- NDA (National Development Agency)



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academics.outreach@ahalia.ac.in

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Ahalia Health, Heritage & Knowledge Village, Palakkad, Kerala-678557

